

*Browns Point Elementary, Crescent Heights Elementary, Meeker Middle, NE Tacoma Elementary, Stadium High, along with their PTAs/PTSAs/Boosters are thrilled to tell families about the:*

## NE Tacoma Healthy Kids Coalition



### ★WHAT IS IT?

A PTA/ school partnership with Browns Point Elementary, Crescent Heights Elementary, NE Tacoma Elementary, Meeker Middle School and Stadium High School along with additional community partners that is focused on providing weekend meals to students in need in our community.

A two-day supply of easy-to-prepare food is sent home with eligible students every Friday to ensure they have meals throughout the weekend.

### ★WHO IS ELIGIBLE?

The Principal and Counseling team at each participating school work to identify Free & Reduced lunch eligible students to participate. We serve approx. 300 students every week throughout the school year between the five area schools.

If you feel like your family can benefit from this program, please reach out to your schools' counselor for more information.

### ★HOW CAN YOU HELP?

We need food donations! In order to aid in equity and ease of packing, we have a specific list of items that we need for the weekend food bags. Please see the list below. Food can be dropped off at any participating school with the main office.

Consider picking up one of the items on the list at your next shopping trip. Don't want to shop? Make a monetary donation and we will do the shopping for you! If you would prefer to make a financial donation, please contact us at [nethealthykidscoalition@gmail.com](mailto:nethealthykidscoalition@gmail.com) and we can direct you to the PTA that is currently accepting donations.

## ★ WANT TO VOLUNTEER?

Once a month volunteers meet to create enough food packs for the entire upcoming month for all five schools. That's over 1200 bags per month! We also need volunteers to transport donations between schools, help inventory food supplies, solicit donations from local businesses and more! If you are interested in volunteering, please let us know by emailing us at [nethealthykidscoalition@gmail.com](mailto:nethealthykidscoalition@gmail.com).

This is the one project that brings all five area schools together with a common goal. We know our community has a huge heart, and we love to see everyone in 98422 come together in support of our students.

Want the best up to date information? Subscribe to our newsletter! Visit [NETacomaHealtyKids.com](http://NETacomaHealtyKids.com) and hit subscribe. Also, make sure to follow us on Facebook and Instagram @nethealthykidscoalition.

## ★ DO YOU HAVE FOOD DRIVES?

Yes! Since this is an ongoing program throughout the entire school year, we are always accepting food donations. Specific food drives will be advertised by each school throughout the school year so please reach out to your PTA for specific dates.

## ★ NE TACOMA HEALTHY KIDS COALITION FOOD LIST

In order to maintain equity in the food packs and ease of inventory and packaging, please only purchase items from the list below:

- Kraft Mac & Cheese Easy Cups
- Chef Boyardee Ravioli Cups
- Cup O Noodles (all flavors)
- Tuna Fish & Cracker packs
- Oatmeal (Individual packets)
- Cereal (Individual boxes/bags)
- Juice Boxes (Boxes or pouches)
- Pudding cups
- Fruit Cups / Apple Sauce Cups
- Fruit Snacks
- Fig bars (Individual servings)
- Granola Bars
- Crackers (Individual servings)
- Chips (Small lunchbox bags)
- Rice Krispy Treats
- Cookies (Individual servings)

The best deals can usually be found at places you buy food in bulk, Costco, WinCo, Fred Meyer & Amazon. Any questions? Please reach out to the Coalition at [nethealthykidscoalition@gmail.com](mailto:nethealthykidscoalition@gmail.com).

THANK YOU for your support of this program!